



Emotions: we all have them. They are fun, messy, confusing, exhilarating and sometimes all at the same time! Like anything that powerful, emotions can have a positive or negative effect on us. What makes the difference is learning to understand our feelings and how to control them for good. In this series, we will explore time-tested wisdom from the Bible that will help us see how our emotions can work for us and not against us. **This week- Anger: Even anger is a gift from God. Healthy anger can help us identify injustice and even motivate us to initiate change. Unhealthy anger can be harmful to ourselves and others. God wants us to focus our anger on the sin in our lives, while allowing Him to help us find peace.**

FIRST TIME GUESTS

We promise we're not going to make you stand up in front of everyone or track you down, but we'd love to know you were here today! Simply fill out your communication card in the seat back in front of you and check the "First Time Guest" box. On your way out, stop by Guest Services at the front doors and get your FREE welcome gift. **We're glad you are here!**

**WE'RE
SO GLAD
YOU JOINED
US TODAY!**

newhope
church

We are honored when people choose to do church with us. New Hope is for anyone who wants to seek God - from those exploring whether or not God even exists, to devoted Christ-followers. Wherever you are, you'll find we are committed to showing everyone the love of Jesus and help them establish a relationship with Him. We are casual, laid-back, and far from perfect. **ALL are welcome!**

5 THINGS TO KNOW

Each week, we will post "5 Things to Know" for the week. This will typically include classes, info, and upcoming events. We will also give you dates to save as early as possible, so that you can get them on your calendar and be able to plan for them. Be sure to check out the entire program and visit newhope.org for everything. Here are five things to know this week:

1. Life can be tough, but you don't have to go through it alone. We want to remind you of two ministries that can help you as you navigate the tough times: For those 18 years old and older, we have **Celebrate Recovery (CR)**. CR meets Friday nights at 7 pm. You can reach out to CR at celebraterecovery@newhope.org. For students in middle and high school, we have **The Landing**. The Landing meets every Tuesday night at 7 pm. You can reach The Landing at info@thingscansuck.com.
2. **Prayer changes lives, strengthens the weak, and touches the very heart of God.** We have a wonderful ministry of prayer warriors that are here to pray with you. If you need prayer, we are here for you. **Simply send an email to prayerteam@newhope.org** and your prayer will be delivered via e-mail to the members of the Prayer Team and kept confidential.
3. **Have you ever sat in a weekend service and heard a song you wanted to buy, but you didn't know the name of it or the artist's name?** Well, we've fixed that for you. On Spotify, you'll find the current pre-service playlist, as well as playlists from previous weekends. Spotify is free and easy to use. Simply go to open.spotify.com/user/nhclorton to get your free Spotify account and subscribe to follow New Hope Church.
4. Being a follower of Jesus is not a checklist of do's and don'ts; it's a relationship, and just like any relationship, it takes an investment of time to make it grow. Setting aside time every day to be in God's Word is a great place to start! **Why not follow the Bible Reading Plan?** Copies are available at Guest Services, online at nhcbrp.com or on the church app.
5. **Did you know that nearly 60% of people who give at New Hope Church use online giving?** It's simple and secure. Whether you'd like to give a single gift, or schedule ongoing donations, you can do it all online using your checking account, debit, or credit card. There are two ways to give online: 1) Create an account on the HUB and utilize the secure online giving through New Hope Church's giving platform, or 2) Use your bank's online bill pay platform to give using your checking account. To give electronically, visit newhope.org/giving.

★ SUMMERTIME AT TAKEOVER ★



This summer, Takeover, New Hope's Student Ministry (rising 7th through 12th graders) is going to have an incredible time. We believe that we have created the perfect mix of teaching and fun! Check out the summer calendar (available at Guest Services or online at nhctakeover.com) and let's use this summer to become better, get closer and have a great time! Our series is called, Inside

Out, and we will hear that the way we serve and love not only has the power to change and impact others' lives, but our lives as well. It can change the world-and us-from the inside out.

To help our rising 6th graders transition into the youth program, Takeover, we provide a special group that meets on Sunday nights through August 19th from 6-7:30. The program is specifically designed to encourage the development of closer friendships and a deeper discovery of faith, while getting to know the adult leaders. We call the group 'Route 56'. If you have any questions about Route 56, please contact Megan Sullivan at megan.sullivan@newhope.org or by phone at 703-971-4673.

OUTREACH SERVICE OPPORTUNITY

It's hard for many of us – adults or children – to imagine celebrating a child's birthday without a party or presents. But for many of the families in our community, finding the extra money to afford a child's birthday celebration is a struggle at best, and frequently impossible.

Takeover's Birthday Giving Project is designed to help these families by providing a small "party in a box" for a child in need. Bring cake mixes, frosting, and birthday candles to donate to Lorton Community Action Center (LCAC) the next three Sunday nights (August 5th, Augusts 12th, and August 19th).

PLEASE JOIN US FOR A FREE NIGHT OF FUN FOR THE ENTIRE FAMILY ON AUGUST 25TH AT 7 PM!

FAMILY MOVIE NIGHT HOSTED BY NEW HOPE MEN'S MINISTRY



Movie: Ferdinand: After Ferdinand, a bull with a big heart, is mistaken for a dangerous beast, he is captured and torn from his home. Determined to return to his family, he rallies a misfit team on the ultimate adventure. This movie is rated PG. We will be enjoying the movie inside in the auditorium on the big screen!

We will have hot dogs, popcorn, candy and soda/water available.

Please sign up online so that we can ensure we have enough food. Thanks!

bit.ly/ferdinandmovienight

INVITE A FRIEND!

QUESTIONS? MENSMINISTRY@NEWHOPE.ORG

Save the date - New Hope is hosting a women's breakfast on Saturday, September 8th, for women who have been impacted by infertility. More details to come.

BAPTISM INFORMATIONAL MEETINGS

Whether you're a new follower of Jesus or someone who's been growing in their faith for a while, this might be the perfect time for you to take this very important step. Baptisms will be celebrated during all three services the weekend of September 29th and 30th.

Please plan to attend an orientation meeting immediately following one of our services the weekend of August 25th and 26th. If you have any further questions or cannot make one of the meetings, please email us at info@newhope.org.



DISCOVERING PARTNERSHIP

For those of you ready to investigate partnership at New Hope, we are offering a Discovering Partnership Class, on Sunday, September 9th from 12:45 - 2:45 pm at New Hope. We'll even provide lunch and childcare. You can sign-up online at bit.ly/dpcfall2018

48 HOUR PRAYER EVENT

OUR ANNUAL 48 HOURS OF PRAYER
WILL BEGIN ON SUNDAY, AUGUST 19TH
AT NOON AND END ON TUESDAY,
AUGUST 21ST AT NOON. WATCH YOUR
PROGRAM AND EMAIL FOR THE LINK
TO SIGN UP FOR A TIME SLOT.

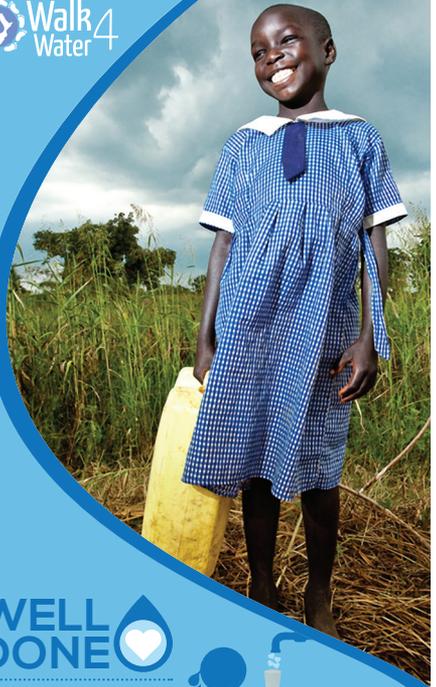


Journey

Please make sure to check out the Journey insert in your program today. Great classes include: DivorceCare, Financial Peace University, and The Story of Scripture class. For more information, contact Kim Feld at Kim.Feld@newhope.org



Walk 4
Water



WELL
DONE



PROVIDING HOPE
THROUGH SAFE
WATER...
ONE VILLAGE
AT A TIME.



Join us for the Walk 4 Water at
New Hope Church

Bring the entire family out to New Hope Church in Lorton, VA as we walk 3.7 miles in honor of mothers and young children in the remote villages of Shangu and Aterait, Uganda who must walk miles each day to a contaminated pond for their daily source of water.

All are welcome, and we can't wait to see you there!

Saturday, September 22, 2018
Registration Opens at 8:00 am

Adults: \$35 • 12 and under: \$15
Registration includes an
official W4W t-shirt!

Register NOW at bit.ly/2018w4w



We are gearing up for our sixth annual Hope for Help 5K on Saturday, October 20th and want you to be involved! All the proceeds from this event go toward helping to fund Feed My Starving Children (fmsc.org) events!

SO, HOW CAN YOU GET INVOLVED?

- 1 REGISTER** for the Hope for Help 5K and/or Kids' Mini Color Fun Run. You can run or walk. You don't want to miss this day of fun for the entire family. You can register today by going to **hopeforhelp5k.com**.
- 2 INVITE** your family, friends, co-workers, neighbors, mail delivery person, lawn service provider, grocery store check-out person, barista...you get the idea...invite everyone you know to be part of this awesome, fun-filled day.
- 3 SPONSOR** the race! 100% of the money that comes from sponsors will be used to fund the food for the MobilePack event. If you are interested in becoming a sponsor, please check out the sponsorship tab on the website or send an email to 5k@newhope.org.

THANKS FOR BEING PART OF HELPING TURN HUNGER INTO HOPE!

HOPE
FOR HELP



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CHURCH

WE ♥ OUR VOLUNTEERS

Our volunteers are the very best! There's no way we could keep New Hope running without the help of these special people. **This week, we'd like to thank Wendy Dookie.** Wendy serves with our preschoolers in Sprouts. We are also thankful to have Wendy on our Silo Center Preschool staff. If that isn't enough, she is currently getting her Commercial Driver's License so she can shuttle kids for The Back Pack, our before and after school program for elementary kids. WOW! Thanks, Wendy, for all you do to invest in others!

One of the ways to make New Hope 'your church' is to get involved! We're all called to serve and there are areas in need of help that are perfect for all personality types...and you don't have to wait for the next Ministry Fair.

- **Interested in working with kids of any age? Please email jessica.woodcock@newhope.org**
- **How about helping make our weekend services a success? Please email carolann.gregoire@newhope.org**

Another area where we really need help is filling some technical spots on the worship team. We are looking for people willing to run media (song and service slides), lights, and even sound for some of our services. Our biggest areas of need are Kids' Time services on the weekends, Takeover (our student service on Sunday nights), and Celebrate Recovery (must be at least 18 yrs old) on Friday nights. **If you're interested in helping with the Worship Team, email Worship@newhope.org.**

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