

TAKE HOME SHEET



**Series:** Relationship Realities  
**Message:** Move Together:  
Diffuse the Conflict  
**Speaker:** Rusty Coram  
**Date:** May 23/24, 2020

The best way to use this Take Home Sheet is to review the Message Notes first. As you do, write down any questions that come to mind regarding what you are reading and how this applies in your life. Now read through the passage below and see what points of the message they speak to.

**Remember:** if you have questions about the message, make sure to join us for *Dig In* this Wednesday at noon on FaceBook live (find us at nhclorton).

<sup>4</sup> Always be full of joy in the Lord. I say it again—rejoice! <sup>5</sup> Let everyone see that you are considerate in all you do. Remember, the Lord is coming soon. <sup>6</sup> Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. <sup>7</sup> Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus. <sup>8</sup> And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. <sup>9</sup> Keep

putting into practice all you learned and received from me—everything you heard from me and saw me doing. Then the God of peace will be with you. <sup>10</sup> How I praise the Lord that you are concerned about me again. I know you have always been concerned for me, but you didn't have the chance to help me. <sup>11</sup> Not that I was ever in need, for I have learned how to be content with whatever I have. <sup>12</sup> I know how to live on almost nothing or with everything. I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. <sup>13</sup> For I can do everything through Christ, who gives me strength. <sup>14</sup> Even so, you have done well to share with me in my present difficulty. <sup>15</sup> As you know, you Philippians were the only ones who gave me financial help when I first brought you the Good News and then traveled on from Macedonia. No other church did this. <sup>16</sup> Even when I was in Thessalonica you sent help more than once. <sup>17</sup> I don't say this because I want a gift from you. Rather, I want you to receive a reward for your kindness. <sup>18</sup> At the moment I have all I need—and more! I am generously supplied with the gifts you sent me with Epaphroditus. They are a sweet-smelling sacrifice that is acceptable and pleasing to God. <sup>19</sup> And this same God who takes care of me will supply all your needs from his glorious riches, which have been given to us in Christ Jesus. <sup>20</sup> Now all glory to God our Father forever and ever! Amen.

Philippians 4:4-20 (NLT)

**Now prayerfully complete the following:**

*This week I will begin to*

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*so I can handle conflict better.*

**BIBLE TRANSLATIONS:**

NLT – New Living Translation