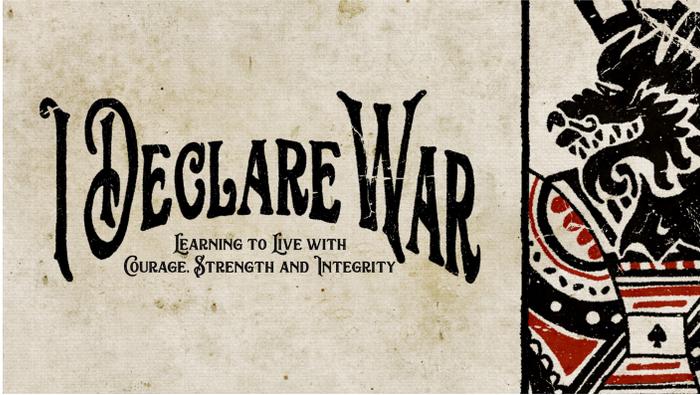


## TAKE HOME SHEET



**Series:** I Declare War  
**Message:** Mind Your Tongue  
**Speaker:** Rusty Coram  
**Date:** January 12/13, 2019

We started the message with the challenge to adopt a “warrior” mentality over our attitudes and actions. Read the following from 2 Timothy:

<sup>3</sup> *Endure suffering along with me, as a good soldier of Christ Jesus. <sup>4</sup> Soldiers don't get tied up in the affairs of civilian life, for then they cannot please the officer who enlisted them.*  
2 Timothy 2:3-4 (NLT)

Think about how this applies to having mastery over yourself. Warriors serve at the pleasure of their commanding officer and the mission. A soldier chooses to lay aside their own desires and inclinations in order to faithfully follow orders. With this in mind, consider the following verses and how they should guide you:

<sup>3</sup> *We can make a large horse go wherever we want by means of a small bit in its mouth. <sup>4</sup> And a small rudder makes a huge ship turn wherever the pilot chooses to go, even though the winds are strong. <sup>5</sup> In the same way, the tongue is a small thing that makes grand speeches. But a*

*tiny spark can set a great forest on fire. <sup>6</sup> And the tongue is a flame of fire. It is a whole world of wickedness, corrupting your entire body. It can set your whole life on fire, for it is set on fire by hell itself.*

James 3:3-6 (NLT)

What does James say about the destructive power of words? When have you seen this happen?

James gives us a very practical guide for guarding tongues:

*Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry.*

James 1:19 (NLT)

Can you think of a time when you responded in anger to someone and later found out you had jumped to a wrong conclusion? Has someone done that to you?

Ephesians 4:29, gives us a simple and solid guide for choosing and using our words:

*Don't use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them.*

Ephesians 4:29 (NLT)

Think about how you can apply this to people in your life right now, including those who frustrate you or are annoying. This will take some work and it would be good to ask someone to join you in looking for how to do it!