

TAKE HOME SHEET



Series:

ONE

Message:

One Unique Life

Speaker:

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Date:

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Get Started:

Earlier this year, we did a message series on looking differently at resolutions. We've all started something (budget, exercise, or dieting) that we have a hard time keeping up with. **How does something that can improve our lives become hard to keep up with? What is our reaction when we fail?**

Discuss:

Being a follower of Jesus can be the same. When we sin or make a mistake, we're tempted to hide from non-followers. **Are followers of Jesus perfect? Why is there an expectation that followers of Jesus need to be perfect? Is it possible for a follower of Jesus to get it right every time?**

We learned that Jesus' perfect life is necessary for salvation. **Why is His perfect, sinless life necessary for salvation?**

One of the reasons we need Jesus' perfect sinless life is because we're imperfect and sinful. We find that Jesus was our representative and obeyed for us where Adam had failed and disobeyed. Take a few minutes to read through Romans 5:12-21, Hebrews 4:15, and 1 John 2:6.

How do we get our sinful nature? Was Jesus tempted? How can Jesus relate to our temptation and weakness?

Following Jesus is about progression, not perfection. **If we will never be perfect, is there any hope? How do we set ourselves up for failure when we aim for perfection?**

Take a few minutes to read Matthew 4:1-11. Temptation is the devil's way to *beat* us, while it is God's way to *build* us. **How does Jesus facing temptation build credibility in trusting Him with your life? How have you been tempted to tap out on following Jesus? What areas of your life are you being tempted?**

Making progress with Jesus starts with obedience. It takes faith to obey. Read Matthew 4:1-2. **What are some things God is telling you to do? Why did the devil show up when Jesus was most susceptible to temptation? What does your life look like when you're being tempted? What do we do when the devil shows up when we are weak?**

Our obedience takes focus. Read Matthew 4:3-10. **How did the devil tempt Jesus? How did Jesus face temptation? What does it mean to you to know that Jesus didn't cheat by using His divinity to overcome temptation?**

Obedience leads to freedom. Read Matthew 4:11. **How does the devil react to our obedience? What does Jesus want from you? What does He want for you?**

Next Steps:

Talk with your small group leader about taking these possible next steps.

- Inviting your small group leader or friend to walk with you as you overcome temptation and sin
- Memorizing verses that are relative to the ways you're being tempted

Go to newhope.org and click on messages to download this week's Take Home Sheet or stop by Guest Services to pick one up.

BIBLE TRANSLATIONS:

NLT – New Living Translation