

## TAKE HOME SHEET



**Series:** At The Movies  
**Message:** *Unbroken*  
**Speaker:** Jeff Geyer  
**Date:** August 22/23, 2015

### Get Started:

Have you ever had to train for anything? If so, what were some habits you learned during training? How did training prepare you for the event, competition or game day? How is training like building?

### Discuss:

The big takeaway from *Unbroken* was when Pete told Louie, “If you can take it, you can make it.” From this brilliant one-liner, we learned that training for suffering gives you the faith and fortitude to overcome fear. **What is your experience with pain and suffering? How can these things cause us to fear?**

Throughout the movie, people believed in Louie. Along the way, we need someone to believe in us. Take a few moments to read Ecclesiastes 4:9-10. **Why do we have moments where we don't believe in ourselves? How do you invite others to believe in you? Who is someone that you can believe in? How does believing in each other play out in small groups?**

While a POW, Louie was given a chance to live in comfort, if he would turn his back on his country. There will be times when we'll be tempted to compromise for comfort. Take a

moment to read 1 Timothy 6:9. **What have you been tempted to compromise on?** If it's worth compromising, it's not a conviction. **What are your convictions?**

The leader of the prison camp, where Louie was held, hated Louie. He wanted Louie to fail. There will be those who want us to fail. Most of us can find people in our lives that want us to fail, but there's also another enemy. Take a moment to read 1 Peter 5:8. **What can you do as you're being hunted by the devil? How do we avoid becoming prey?**

In our final clip, *The Race for Life*, Louie is talking about how he was able to get through those dark days. Instead of saying what we'll die for, we need to show what we're living for. If you can't show it, it's best not to say it. Take a moment to read Philippians 1:20. **What are some convictions in your life that you want to live for? How will you go about showing that you're living for those convictions? How would you grade yourself on how your life has brought honor to Jesus?**

### Next Steps:

- Talk with your small group and your small group leader about taking these possible next steps.
- Watch the movie *Unbroken* with your spouse, teenager, friend, and/or small group.
  - Open up to someone (spouse, friend, small group, small group leader, staff member) about your pain and suffering.
  - Find an opportunity to be a “Pete” (someone who believes in someone else).
  - Make a list of the convictions that you're not willing to compromise (marriage, sobriety, eliminating debt, etc.) and place it somewhere you can see it.
  - Ask God for strength to live a life that brings honor to Jesus.

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### BIBLE TRANSLATIONS:

NLT – New Living Translation