

## TAKE HOME SHEET



**Series:** R-Rated  
**Message:** 50 Shades of Not-So-Gray  
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When you think of the words “God” and “sex” together, what are your first thoughts?

For many of us, the thoughts are negative. The idea that God created us with the capacity for enjoying sexual relationships is a message seldom heard. Like anything that is powerful, sex needs to be used wisely so that it helps us and does no harm.

After reviewing the message notes and passages, here are some things to consider:

What are the differences between what our culture generally communicates about sex and what the Bible teaches?

Is sexual activity necessary for someone to have a fulfilling life? Why or why not?

Followers of Christ understand that God is our creator, and therefore, knows what is truly best for us. Read this passage from 1 Peter and think about the practical implications of it:

<sup>1</sup> *So then, since Christ suffered physical pain, you must arm yourselves with the same attitude he had, and be ready to suffer, too. For if you have suffered physically for Christ, you have*

*finished with sin.* <sup>2</sup> *You won't spend the rest of your lives chasing your own desires, but you will be anxious to do the will of God.* <sup>3</sup> *You have had enough in the past of the evil things that godless people enjoy—their immorality and lust, their feasting and drunkenness and wild parties, and their terrible worship of idols.* <sup>4</sup> *Of course, your former friends are surprised when you no longer plunge into the flood of wild and destructive things they do. So they slander you.* <sup>5</sup> *But remember that they will have to face God, who will judge everyone, both the living and the dead.*

1 Peter 4:1-5 (NLT)

The great news for those of us that have been involved in sexual sin is that God is ready to forgive and give us a brand new start! All we have to do is humbly come to Him and ask. These next passages underscore what God can do if we are willing to let Him:

[After listing sinful behaviors, including a variety of sexual sins] *Some of you were once like that. But you were cleansed; you were made holy; you were made right with God by calling on the name of the Lord Jesus Christ and by the Spirit of our God.*

1 Corinthians 6:11 (NLT)

<sup>4</sup> *But—“When God our Savior revealed his kindness and love,* <sup>5</sup> *he saved us, not because of the righteous things we had done, but because of his mercy. He washed away our sins, giving us a new birth and new life through the Holy Spirit.* <sup>6</sup> *He generously poured out the Spirit upon us through Jesus Christ our Savior.* <sup>7</sup> *Because of his grace he declared us righteous and gave us confidence that we will inherit eternal life.”* <sup>8</sup> *This is a trustworthy saying, and I want you to insist on these teachings so that all who trust in God will devote themselves to doing good. These teachings are good and beneficial for everyone.*

Titus 3:4-8 (NLT)

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### BIBLE TRANSLATIONS:

NIV – New International Version

NLT – New Living Translation